



## INTERN DIALOGUE/ASSESSMENT FORM

CERTIFICATE \_\_\_\_\_ DIPLOMA \_\_\_\_\_ (check one)

Intern Name: \_\_\_\_\_ Course Date: \_\_\_\_\_

Leaders : \_\_\_\_\_ Assistants: \_\_\_\_\_

---

CIRCLE— Come Alive    Phase 1    Phase 2    Couples Alive    Other \_\_\_\_\_

### **An Invitation to you.....**

This form is an invitation. It is a tool to look at yourself, to acknowledge what you have learned and to define where you are going. It is a dialogue with yourself and your team to learn about your strengths, the process of your growth and the contribution you make to the participants. It is a tool for connecting and to learn - use it so it is helpful and supportive of you.

Thank you for the contribution you make to Haven, through your personal exploration, your expression of caring and your learning by being curious. Enjoy your program!!

---

### **START OF PROGRAM – My Learning Edges for this Program**

(be as specific as possible - how you will accomplish this)

### **END OF PROGRAM – Working with My Learning Edges**

WHAT I LEARNED -

WHAT I WANT TO WORK ON -

## **MY REVIEW OF MY LEARNING DONE IN THIS PROGRAM**

Think about what you did / feedback from the team

### **Being Personal /Connected with Participants** (Check)

- Listened and was curious
- Shared my experience and my feelings with them – walk the talk
- Provided clear mirroring – both positive and negative feedback
- Used Communication Model in my communication – walk the talk
- Gave support/encouragement/invited them to step forward
- Respected boundaries and confidentiality as laid out in intern guidelines
- Other ...

**I learned –**

**I need/want to work on –**

### **Styles/tools I used to help participants embody themselves**

(Mark L or A beside the tool/style used – Lead or Assisted)

- Communication Model – walking the talk, teaching
- Other Models – used to help participants understand/work with their process
- Breathing – Yang/Yin breathing, other styles of breathing
- Bodywork – breath and pressure points
- Bioenergetics
- Chinese Medicine – pulses, points, how/where blocked in cycle/physical symptoms connection
- Gestalt
- Psychodrama
- Interviewing – talking/connecting/supporting participant to engage/embody self
- Anger Expression
- Grounding
- Movement
- Music – to add to participants' experience/deepening
- IBP exercises
- Joints and Glands
- Clearings
- Check-In Exercises
- Boundary Work
- Others – ie – Gossip session, Obsession circle, etc.

**I learned –**

**I want to work on –**

**Working in the Team** (Check)

- Supported leaders in large group/focus times – room set up, keeping eye contact with leaders, lights, grounding circle, responding to participants in circle
- Made connection with partner/team members – defined boundaries, checked out assumptions, was curious to learn
- Came Forward – to ask questions, state judgments, reveal self
- Clearings – initiated when stuck/in power struggle/distanced, confused, etc.
- Used meeting to keep myself present – revealed counter-transferences, when ‘hooked’, have ‘energy’ around participants or team
- Was concise, informative when updating on participants
- Identified transference/ my counter-transference
- Positive feedback – received & gave
- Negative feedback – received & gave
- Named my defensiveness
- Gave myself time off/away from/renewal time
- Other –

**I learned -**

**What I want/need to work on –**

**INTERN SIGNATURE :** \_\_\_\_\_ **DATE :** \_\_\_\_\_

**ASSISTANTS/ CO-LEADERS COMMENTS:**

**PRINT NAME** \_\_\_\_\_ **SIGNATURE** \_\_\_\_\_

## LEADERS COMMENTS

### GRADING – to be completed by Leaders

**CERTIFICATE PROGRAM** – graduation is NOT dependent of assessment

Connection with Participants – 1 (Learning), 2 (Skilled), 3 (Accomplished)

Tools For Embodiment – 1 (Learning), 2 (Skilled), 3 (Accomplished)

Working in Team – 1 (Learning), 2 (Skilled), 3 (Accomplished)

**DIPLOMA PROGRAM** – Skilled or Accomplished minimum for graduation

Connection with Participants – 1 (Learning), 2 (Skilled), 3 (Accomplished)

Tools For Embodiment – 1 (Learning), 2 (Skilled), 3 (Accomplished)

Working in Team – 1 (Learning), 2 (Skilled), 3 (Accomplished)

IS NOW CAPABLE TO DO SENIOR INTERNSHIP – (circle) YES NO

IF NEEDED, COULD LEAD CA SMALL GROUP ALONE - (circle) YES NO (office use)

LEADER SIGNATURES \_\_\_\_\_

DIRECTOR OF INTERN TRAINING \_\_\_\_\_