



## Electives & Credits

This list includes current program offerings and will be updated from time to time as new programs come available or are no longer offered. Historical program offerings, although not listed here, will still count towards fulfilling credits as applicable.

All credits in effect under the 2003 syllabus have continued. Internship in programs (other than some of the Core Programs - Phase I & II, and Come Alive) carry the same credits as participation in the program. No program can be interned unless the student first takes it as a participant, except for programs for children and teens. Programs from any of the specific Elective lists A-E may instead be used as an elective under the general requirement Elective from list A-F.

### Credits

### Category and Program

#### Core Programs

1.0	Come Alive
1.2	Come Alive Internship
4.6	Living Alive Phase I
6.0	Living Alive Phase I Internship
4.6	Living Alive Phase II
6.0	Living Alive Phase II Internship
4.6	New Horizons (Phase III)
1.0	Sexual Intelligence

#### “A” list – Skill Development

1.0	Body Breath and Energy Training
0.6	Coaching: Engaging Relationships
1.2	Come Alive Intern
0.6	Communication Fundamentals
1.0	Couples Alive Intern
0.4	Dealing with DSM IV
0.6	Deep Listening: Core Skills for Coaching
0.6	Dynamic Dialogue
0.6	Dynamic Empathy
0.6	Five Elements Practicum
1.2	Satir Training Level 1
1.2	Satir Training Level 2
1.2	Sexual Intelligence Intern (for Diploma interns with approval from DIT and Program Leader)
0.6	Personality Styles (was Skills 1)

- 0.6 Group Leadership (was Skills 2)
- 0.6 Gestalt Plus (was Skills 3)
- 0.6 Transference and Projection (was Skills 4)
- 0.6 Understanding People

**“B” – Embodiment**

- 0.6 Body Breath and Beat 5 Rhythms
- 1.0 Body, Breath and Energy
- 0.2 Breathe
- 1.2 Come Alive Intern
- 0.6 Connective Touch
- 0.6 Conscious Sexuality
- 0.6 Eros and Intimacy, Sex and Spirit for Couples
- 0.6 For Play
- 0.6 Living with Passion
- 0.6 Our Body’s Tell
- 0.6 Passion for Couples
- 0.4 Moving into Connection
- 0.6 Psychology of the Chakras
- 0.6 Sensational Contact
- 1.2 Sexuality and Identity
- 1.0 Sexual Intelligence
- 0.4 Spirit Body – Soul Dance
- 0.4 Stirring the Cauldron

**“C” – Relationships**

- 0.6 Boundaries: The Vital Edge
- 1.0 Come Alive
- 1.2 Come Alive Intern
- 0.6 Communication Fundamentals
- 0.6 Connective Touch
- 0.4 Couples in Conflict
- 0.8 Couples Series (credits per)
- 1.0 Couples Series Intern (credits per)
- 0.6 Dynamic Dialogue
- 0.6 Dynamic Empathy
- 0.6 Effective Boundaries
- 0.6 Eros and Intimacy, Sex and Spirit for Couples
- 1.2 Family Reconstruction
- 0.6 For Play
- 1.4 Non Violent Communication
- 0.6 Passion for Couples
- 0.4 Personal Parenting
- 0.6 Relationships
- 0.6 Relationship: Review and Renew

- 0.4 New Beginnings: Relationship Skills for Singles
- 0.6 The Power of Direct Mirroring

**“D” – Boundaries**

- 0.6 Anger, Boundaries and Safety
- 0.4 Anger, Boundaries and Safety 2
- 0.6 Boundaries: The Vital Edge
- 1.2 Come Alive Intern
- 0.8 Couples Alive I: Communication and Boundaries
- 0.6 Connective Touch
- 0.6 Effective Boundaries
- 0.6 Living with Passion: Expression, Containment and Contact

**“E” – Organizations**

- 0.6 Anger Boundaries and Safety
- 0.6 Boundaries: The Vital Edge
- 0.6 Career Revisioning
- 0.6 Coaching: Engaging Relationships
- 1.0 Come Alive
- 1.2 Come Alive Intern
- 0.6 Communication Fundamentals
- 0.8 Couples Alive I
- 0.6 Deep Listening: Core Skills for Coaching
- 0.6 Dynamic Dialogue
- 0.6 Dynamic Empathy
- 0.6 Effective Boundaries
- 0.6 Skills 2: Group Leadership
- 0.6 Transforming Anxiety and Stress

**“F” – Other recommended (also includes any of the above)**

- 0.4 Act Natural
- 0.6 Addictions: A Wider Path to Recovery
- 2.0 Awareness through Creative Expression
- 0.6 Befriending your Inner Critic
- 0.4 Body, Self and Soul (IBP Intro)
- 0.6 Body Breath and Beat 5 Rhythms
- 1.0 Depression: Conscious Alternatives
- 0.4 Dealing with the DSM IV
- 0.6 Drum Talk
- 0.4 From Memory to Memoir
- 0.4 Grieving: Change and Growth
- 1.0 Healing Stitches
- 0.6 Inner Wisdom for Women
- 0.4 Intuitive Healing Weekend
- 1.0 Intuitive Healing Five day

1.0	Intuition Mastery
1.2	The Journey to Self
1.0	Kids in the Spotlight Intern
0.4	Moving Forward: Life after Separation
0.4	Moving into Connection
0.6	SAR Sexual Attitude Restructuring
0.6	Self Compassion
0.4	Spirit Body/Soul Dance
0.8	Spirit in the Song
1.0	Sexual Intelligence
0.6	The Quantum Laugh / LaughteRx
0.6	The Singing Soul
0.4	The Spirit Journal
0.8	The Spirit Journal Intensive
1.0	Transforming Beliefs
0.6	Yoga Immersion

## NOTES

**Credits:** This syllabus is based on a total of 45 credits for a Diploma. Given that 1 credit = *roughly* 40 hrs, this is an 1800 hr program. The previous Diploma required *roughly* the same number of hours. Note that the Certificate is the prerequisite for the Diploma.

**Equivalencies:** Equivalencies for *previously* completed work will be granted only for work that clearly covers the same content as the Haven presented program. Other equivalencies can be granted for work undertaken as part of the learning program and approval for such must be obtained in advance. There are NO equivalencies possible for Senior Internship.

**Papers:** Each of the Phase internship papers is approx 4 to 7 pages in length and requires a bibliography of at least 3 books or articles. The Phase I paper is on individual process and the Phase II paper is on group process. Both require that the student describe and analyze their own process in relation to the topic.

In addition the student writes one other paper on what they learned in one or more courses in the Certificate participant area.

Any student having difficulty writing papers should consult with the Director of Intern Training regarding assistance and/or use of alternate media.

**The Senior Internship:** requires that the student take on responsibilities specific to their learning needs/goals. These responsibilities may include mentoring a more junior intern, organizing assigned special events of the Phase, or leading short intern training sessions. During the Senior Internship the student does a short oral presentation to the leaders and fellow interns of one of the models commonly taught at The Haven.

The student must consult with the Director of Intern Training to obtain approval before registering for the Senior Internship.

**Second Diplomas:** Those individuals who hold one Haven Diploma, may obtain a second Diploma by;

1. taking an additional 4 credits
2. meeting all the requirements of the second Diploma sought

Note that programs taken to satisfy #2 can be counted in the total of the 4 credits required under #1.