



The Haven
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COME ALIVE

A five-day program for personal and professional transformation

The Haven Institute has been offering programs in personal and professional development for over 25 years. The Haven is registered with the BC Private Career Training Agency (pctia.bc.ca) and is a certified educational institution under sections 118.5 and 118.6 of the Canada Income Tax Act.

Come Alive is our flagship program and forms an important part of our core curriculum. It has grown and developed over more than 25 years, offering thousands of individuals the opportunity to find a path to more successful living.

The feedback we receive from participants on our core programs is outstanding – in our most recent surveys, 100% of respondents rated the programs either Excellent or Good.

People who take Come Alive have experienced transformation in both their professional and personal lives. Come Alive provides take-home tools to improve communication and relating, which can assist in conflict resolution, team building and leadership.

One of the program's underlying intentions is to encourage more effective patterns of communicating with and relating to others. This is of great benefit in the workplace. Come Alive provides a variety of take-home tools which will enable employees to:

- Communicate more effectively.
- Enhance their relational leadership skills.
- Be more effective in fostering and maintaining effective work relationships, often in difficult and challenging circumstances.
- Resolve conflict.
- Access and use a wider range of resources.
- Have a greater sense of fulfillment and well being.

Leaders from all sectors, both private and public, have attended our programs, and many have sent their colleagues and staff to our core programs, since the results they experienced were both pertinent and lasting.

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All of the learning takes place in a group setting, and whilst the focus is on the individual, this is always in the context of the group. Participants come to a deeper understanding of themselves through interaction and feedback from the group, and are invited to translate this experience into more effective communication with others in all aspects of their lives.

The following are just a few of the many recent testimonials we have received from Come Alive participants. More can be provided on request:

“The Haven has given me an invaluable communication model that I can apply to all areas of my life. It has helped me to be self aware and consequently an improved partner, teacher, parent, and colleague.”

“I think what you offered is pretty well mastered ... I am a very critical consumer of information ... but this program left me unable to criticize it, based on the sheer enormity of the growth I experienced in five short days.”

“Excellent – feel like I have come alive. Absolutely awesome experience ... on a scale of 1 to 10, I would rate the program as an 11. I had high expectations for the program, but the program far exceeded them.”

For further information about this program, please contact the Registrars at The Haven by email (registrar@haven.ca) or by phone (1 877 247 9238 ext 1).