

From The Haven's Executive Director and the Chair of the Haven Foundation Board

Welcome to *The Haven in 2010: Moving Ahead*. We hope you enjoy reading about what happened at The Haven in the past year and what we are planning for the year to come.

One of the most important events of 2010 was the launch in June of the 2010-15 Strategic Plan. The Strategic Plan is a fully funded, specific plan with several concrete initiatives designed to move us towards our goal of economic and organizational sustainability by 2015. These initiatives are designed to both build on what we already do well, providing transformational programs in a group setting, and address some long-standing issues, such as the ongoing maintenance of the property. It is our hope that the Strategic Plan will be the blueprint for The Haven's future success.

One of the most important initiatives in the Plan is the expansion of The Haven's curriculum with the creation of a new stream of programs specifically targeted at couples. Work has already begun, and in November 2010 the Couples Alive series was launched. All four programs in the Couples Alive series will be offered in the first half of 2011.

Included in the Strategic Plan is a set of Underlying Assumptions which underpin the Plan's goals and approaches. These assumptions address many key issues which have not previously been clarified, and therefore provide solid ground for us to stand on as we look to 2015 and further into the future.

None of this would have been possible without the input of the many different Haven stakeholders into the Strategic Plan. In addition, a group of donors has pledged a total of \$160,000 over the next four years to support the initiatives contained in the Strategic Plan. Work has already started in 2010 towards achieving the Strategic Plan goals.

In addition to the Strategic Plan, the important work of The Haven continued in 2010. We offered a wide range of programs of exceptional quality, both our established curriculum and new offerings, such as the workshop with Victor Wooten. You can read what people said about their experience at The Haven in 2010 on page 10. In addition, thanks to our generous donors, we were able to offer financial aid to a record number of adults and children to attend programs that they otherwise could not afford.

The first annual report, produced at the end of 2009, was very well received. At the time, we knew that 2010 was going to be an important year for The Haven, so we called the report 'Looking Ahead'. In recognition of the momentous events of 2010, we think it is appropriate to change the title this year to 'Moving Ahead'.

We hope you enjoy reading more about the Strategic Plan and all the other exciting happenings at The Haven in 2010. It's been a great year and we expect 2011 to be even better!

Rachel Davey
Executive Director

Bob Matthews
Chair of the Haven Foundation Board

Rachel Davey

Bob Matthews



The Year at a Glance

- JANUARY**
- The year begins with the final day of Reflections and a full Come Alive.
 - We celebrate the success of our Matching Campaign, which raised \$55,000 for the Financial Aid program in 2010.
 - The rideshare scheme is launched on the Shen blog.
- FEBRUARY**
- Welcome improvements make The Haven greener and more efficient, including low-flush toilets and a brand new double convection oven in the kitchen.
- MARCH**
- Victor Wooten is joined by more than 80 participants for a memorable workshop.
 - We launch our Facebook page, which by the end of 2010 has nearly 600 'Likes'.
 - In China, we celebrate the first 22 graduates from the Haven International Diploma in Leadership and Counselling.
- APRIL**
- Two new programs launch – Creative Aging and Timeless Loving.
 - Despite record wind storms and terrible weather, 50 people join us for the Easter Booster.
 - The Olympic furniture arrives! Lamps, nightstands and more from the Olympic Village.
- MAY**
- Another new program on the schedule in May – Process of Connecting.
 - Chris Finlayson becomes The Haven's Marketing Coordinator.
- JUNE**
- Our first ever Creative Connections, with special guest Eric Bibb.
 - Eric Bibb in concert – look out for the CD 'Live at The Haven' in 2011.
 - Haven Foundation Board approves the 2010-15 Strategic Plan.
 - Bryan Croeni and Cathy McNally join the Haven Foundation Board.
 - Laurie Kelley and Scott Poole donate a valuable piece of land adjacent to The Haven.
- JULY**
- The first 30 graduates from the Youth Leadership Diploma and Volunteer Certificate.
 - 2011 program dates are announced.
 - A group of generous donors pledge \$160,000 over four years to support the 2010-15 Strategic Plan.
- AUGUST**
- A very special birthday celebration for Maria Gomori (90) and Bennet Wong (80).
 - We say a sad goodbye to Dianne Anderson, who passed away on August 9.
 - The first ever 25-day Living Alive Phase I in Mandarin.
 - Catherine Lord joins the Haven Foundation Board.
- SEPTEMBER**
- The annual registration offer begins and registration for programs in 2011 opens.
- OCTOBER**
- The new Couples Alive series of four programs is launched.
 - The fall Financial Aid Matching Campaign begins.
- NOVEMBER**
- Two sold-out one-day programs in Nanaimo, the Communication Toolkit and the Relationship Toolkit.
 - The 2011 program catalogue is here!
 - A record number of participants volunteer for Haven Unplugged.
 - Special Gift Cards are produced to fundraise for Financial Aid in 2011.
- DECEMBER**
- Major renovations to the Heron session room begin.
 - The first ever Haven Holiday Silent Auction begins, raising funds for Financial Aid in 2011.
 - In China, a second group of 30 students graduate from The Haven International Diploma in Leadership and Counselling

The 2010–15 Strategic Plan: Executive Summary & Goals

There follows a summary of The Haven's 2010-15 Strategic Plan, which was approved and began implementation in 2010. The full document can be found on The Haven's web site.

EXECUTIVE SUMMARY

The intention of the 2010–2015 Strategic Plan is to identify the steps needed to strengthen The Haven and to ensure that it operates on a financially sustainable basis, accounting for all the costs of doing business. The plan contains a set of goals which together represent a course towards economic and organizational sustainability. There are four main areas of focus for the goals: Curriculum; Marketing; Facilities/Operations and Finance/Funding. The goals are based on a group of underlying Assumptions and on the results of a Situational Analysis which provided important information on The Haven's current strengths and weaknesses.

The Haven's greatest assets are its programs and the faculty who teach them, and this plan adds a significant piece to what The Haven offers by developing a stream of programs focused on Couples. The Strategic Plan also builds on our current strengths by selecting some of our most successful leader-owned programs, marketing them more extensively and entering into co-ownership with the leader. Marketing is central to this plan as a way of increasing participant numbers and this plan ensures a long-term commitment to marketing by hiring a marketing coordinator and, as part of a comprehensive marketing plan, creating a number of short programs to offer a real introduction to Haven programs in various locations throughout North America.

Other goals in the Strategic Plan cover important areas such as:

- Consistently achieving an operating surplus in order to fund strategic investments.
- Addressing the issue of deferred maintenance and planning and initiating significant facilities upgrades.
- Establishing a long-term plan for fundraising.
- Setting targets for The Haven's Financial Aid Program and ensuring its ongoing support.
- Planning for succession within Haven faculty, assistants and interns.

The plan was developed in conjunction with a five-year forecast model which provides the financial roadmap towards sustainability. Once sustainability is achieved, the next step can be taken which will be to ensure that The Haven thrives in perpetuity.

PURPOSE OF THIS PLAN

The Haven Strategic Plan has a 5 year time horizon and identifies where The Haven will be by 2015. It is a living document, which will be reviewed at least every 2 years, and revised as necessary, so that it reflects ongoing and emerging beliefs about The Haven's direction and strategy.

The Strategic Plan will provide the context for planning work done by other Board committees. It will also provide clear direction for nearer term planning and decision-making for how to deploy The Haven's finite resources, such as time and money, so that those decisions support progress toward the goals laid out in the Strategic Plan.

The strategy is described as a set of goals. For each goal, there will be a description of the goal, the rationale for the goal (why it's important), and a recommended approach for attaining the goal and how progress towards the goal will be measured. Each goal also includes information on the level of investment required, where appropriate.





THEME: MOVING THE HAVEN TO SUSTAINABILITY

The theme of this Strategic Plan is to chart a course toward organizational and economic sustainability. In preparation for this Plan, a thorough Situation Analysis was carried out, which comprised a review of the last five years at The Haven, focusing on both our strengths and weaknesses. Several key issues came to light as a result of this work. The Strategic Plan addresses these fundamental issues, and in doing so moves The Haven onto a more sustainable footing.

THE PLAN – FOCUSING ON FOUR AREAS OF SUSTAINABILITY

¶ FOCUS AREA 1: CURRICULUM

Expand The Haven's Curriculum by Creating a Relationships Stream for Couples

The Haven will build up a program stream that is specifically targeted at relationship skills for couples, made up of a combination of existing and new programs.

Explore the Potential for Haven Programs for Business

The Haven will budget for exploring the potential of Haven programs focused on the business sector. This investment is planned to commence in 2012, and planning work is already underway.

Plan for Faculty, Assistant and Intern Succession

The Haven will put a plan in place to ensure that we have an adequate number of well-qualified Faculty, Assistants and Interns, as required to support an increased number of programs and to compensate for natural attrition among these groups.

¶ FOCUS AREA 2: MARKETING

Make a Long-Term Commitment to Marketing The Haven's Programs

One of The Haven's greatest assets is its programs, in particular those which are grounded in the philosophies and ideas assembled by our founders. These form 'the dynamic and evolving foundation of what The Haven offers'. The Haven will make a long-term commitment to marketing its programs at a higher level than ever before. This will include the recruitment of a marketing coordinator and assigning an appropriate level of funding in order to create a comprehensive marketing strategy and plan for implementation. As part of this goal, a new approach to marketing will be developed and integrated through the creation of a set of programs to take 'on the road'. The Haven will also take steps to increase the geographic reach, absolute number, and activity level of our network of referrers and investigate the potential benefits of new media to marketing The Haven.

Market and Promote Selected Programs

The Haven, will identify leader-owned programs and, together with the program originator, re-work them as needed, market and develop them into co-owned programs.



¶ FOCUS AREA 3: FACILITIES AND OPERATIONS

Prepare For and Commence Significant Planned Facilities Upgrade

The Haven will apply for and receive the rezoning necessary and then create a needs-based facilities master plan, and begin implementing that master plan with a significant upgrade to The Haven’s facilities.

Perform Deferred Maintenance

The Haven will complete a comprehensive analysis of the facility, in order to identify and prioritize the accumulated deferred maintenance work into a five-year plan.

Foster a Culture of Excellence at The Haven

It is stated in the Underlying Assumptions that ‘The Haven is committed to providing an appropriate compensation and benefits package and creating a healthy and constructive working environment’. In support of this, The Haven will promote and encourage continuous improvement in all areas of our operations. Managers and staff will consistently meet or exceed agreed upon standards of excellence in all departments . The Haven will create an environment that supports employees to improve skills, knowledge, and level of professionalism, Managers will be held accountable for financial results and employee performance in their departments through an interactive performance management system.

¶ FOCUS AREA 4: FUNDRAISING AND FINANCING

Establish a Comprehensive Fundraising Strategy and Plan for Implementation

The Haven will use fundraising as one of the ways to fund financial aid, major investments and capital projects in the next five years. This will be done in the context of a long-term plan which identifies The Haven’s needs, how donations will be used and the benefits of each investment or project.

Commitment to a Substantial and Stable Financial Aid Program

The Haven will set a target for financial aid (expressed as a percentage of total participant nights provided through financial aid) and ensure that the Financial Aid program will continue at an appropriate level of funding for the duration of this strategic plan.

Establish, Achieve and Maintain Financial Sustainability

Within the next five years, The Haven will identify, achieve and maintain a financially sustainable position, which will include consistently achieving an operating surplus that will be used to help fund other strategic goals described in this plan.

Haven Programs in 2010

The 2010-15 Strategic Plan recognized that ‘The Haven’s greatest assets are its programs and the faculty who lead them’. In 2010 more than 50 faculty members led over 120 programs.

What distinguishes us from other centres are programs such as Come Alive, Living Alive Phases I and II and New Horizons Phase III, which we have offered every year since The Haven came into being in 1983. These programs, grounded in the philosophies and ideas created and synthesized by our founders, Bennet Wong and Jock McKeen, are the dynamic and evolving foundation of what The Haven offers. In 2010 more than 300 people attended one of the 18 Come Alives.



We are also very proud of our long tradition of inviting leaders in the field to The Haven. In the past this has included notable pioneers such as Paul Reps, Virginia Satir and Carl Whitaker, among many others. In 2010 we welcomed Victor Wooten, recognized by many as the greatest bass player alive today and a wonderful teacher. More than 80 participants, musicians and non-musicians alike, came to his workshop, and he is returning in 2011. The Haven remains a magnificent place to explore creativity, meaning and connection.

PROGRAMS AWAY FROM THE HAVEN

We continue to deliver programs in China with our partners Hai Wen. We offered twice as many programs in 2010 as we did in 2009, to nearly 400 participants. We also celebrated with the first two groups of graduates from the Haven International Diploma in Leadership and Counselling, more than 50 students in all. We look forward to continuing our work in China in the years to come.



Closer to home, we ran two one-day programs in Nanaimo in November. These ‘on the road’ programs, The Haven Communication Toolkit and The Haven Relationship Toolkit, are an initiative of the Strategic Plan. The intention is to bring our work to a wider audience and so increase the number of participants coming to The Haven. We certainly succeeded this time around, with each program filled to capacity with 50 people, and half as many more on the waiting list. So many wanted to come that we are running a second set of one-day programs in January!

TRAINING PROGRAMS

We currently have more than 80 interns enrolled in our Diploma and Certificate programs. Much of the training programs’ success is due to the hard work and dedication of Gwen Ewan, who stepped down from the role of Director of Education in October. Jane Olynyk is now the interim Intern Training Coordinator. Six people graduated in 2010 – David Boulding, Roberta Burrows, Diana Coates, Marlies Dahler, Dodo Lee and Cora Tao.

Training at The Haven is not just for adults. This year we saw the first students graduate from our Youth Leadership Diploma program. This program provides an exceptional experience for youth of a range of ages, backgrounds and talents. For more information, see page 8.

A total of **1704** participants took programs in 2010.

318 people took Come Alive, and **80** participated in Living Alive Phases I and II and New Horizons Phase III.

There were **86** people in the intern program.

6 adults graduated and received Diplomas.

Over **100** children and teens attended Kids in the Spotlight and more than **60** came to Teens Alive.

There were **38** interns in the Youth Leadership Program. We celebrated the graduation of **16** Diploma students (current and retroactive) and **16** Volunteer Certificate students.

More than **70** adults and children received **\$85,000** in financial aid.

In China we delivered **4** Come Alives, **4** Mini-Phase programs and **3** Electives, with an average of **35** participants in each.

52 students in China graduated from the Haven International Diploma in Leadership and Counselling.

The Youth Leadership Program

Programs for children and youth have always been an important feature of The Haven's work. In 2009 we launched the Youth Leadership Program and in 2010 celebrated with our first graduates, more than thirty of them, both past and present, from Kids in the Spotlight and Teens Alive.

The Youth Leadership program provides an exceptional experience for youth of a range of ages, backgrounds and talents. This program builds on and formalizes the many years of internship opportunities for teens that have been a vital part of Kids in the Spotlight and Teens Alive. The Youth Leadership program offers youth the possibility of meaningful volunteer hours to satisfy high school graduation requirements; opportunities for a positive working experience; support for moving into paid employment; and a way to demonstrate extracurricular or volunteer experience that is valuable in applying for university or other post-secondary education. Teens with Youth Leadership experience may take their skills onwards into adult leadership.

The Youth Leadership program is made up of various stages. Students begin as Youth Interns and, as their skills develop, move up to the Volunteer Level. Those who successfully complete the Volunteer Level receive a Volunteer Certificate. At the Apprentice level, students take on the teaching and training of Volunteers and Youth Interns and work on skills such as leading group, communication, conflict resolution, relationships, empathy, embodiment, and self-compassion, while exploring and developing his or her own identity. Those who demonstrate the key competencies and values of passion, compassion, communication, self-awareness, self-responsibility, empathy, and embodiment of the self, are able to graduate with the Youth Leadership Diploma and move in to the role of Assistant.

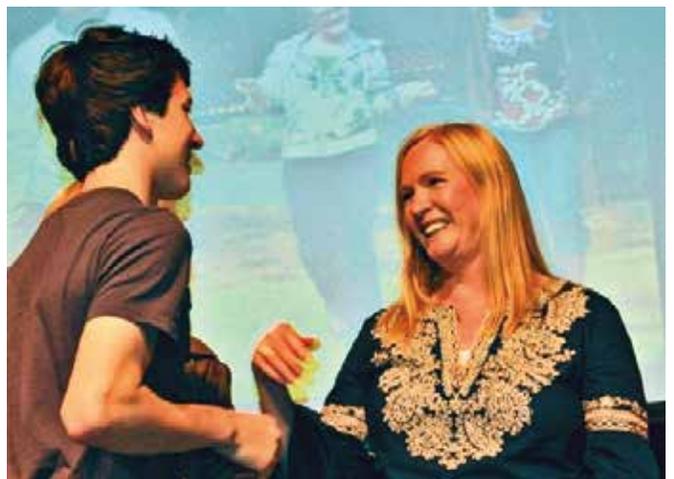
In 2010 we honoured the following graduates:

YOUTH LEADERSHIP DIPLOMA

Celeste Birzgalis
Hannah Carpendale
Florence Cosulich
Mackenzie Dickson
Jack Harbert
Ashley Hetherington
Bret Hodge
Darcie Hodge
Sarah Kirkpatrick
Josh Mamdani
Annika Raithby
Tess Raithby
Jordan Ross
Jana Ruckman
Benji Schaan
Brian Wood

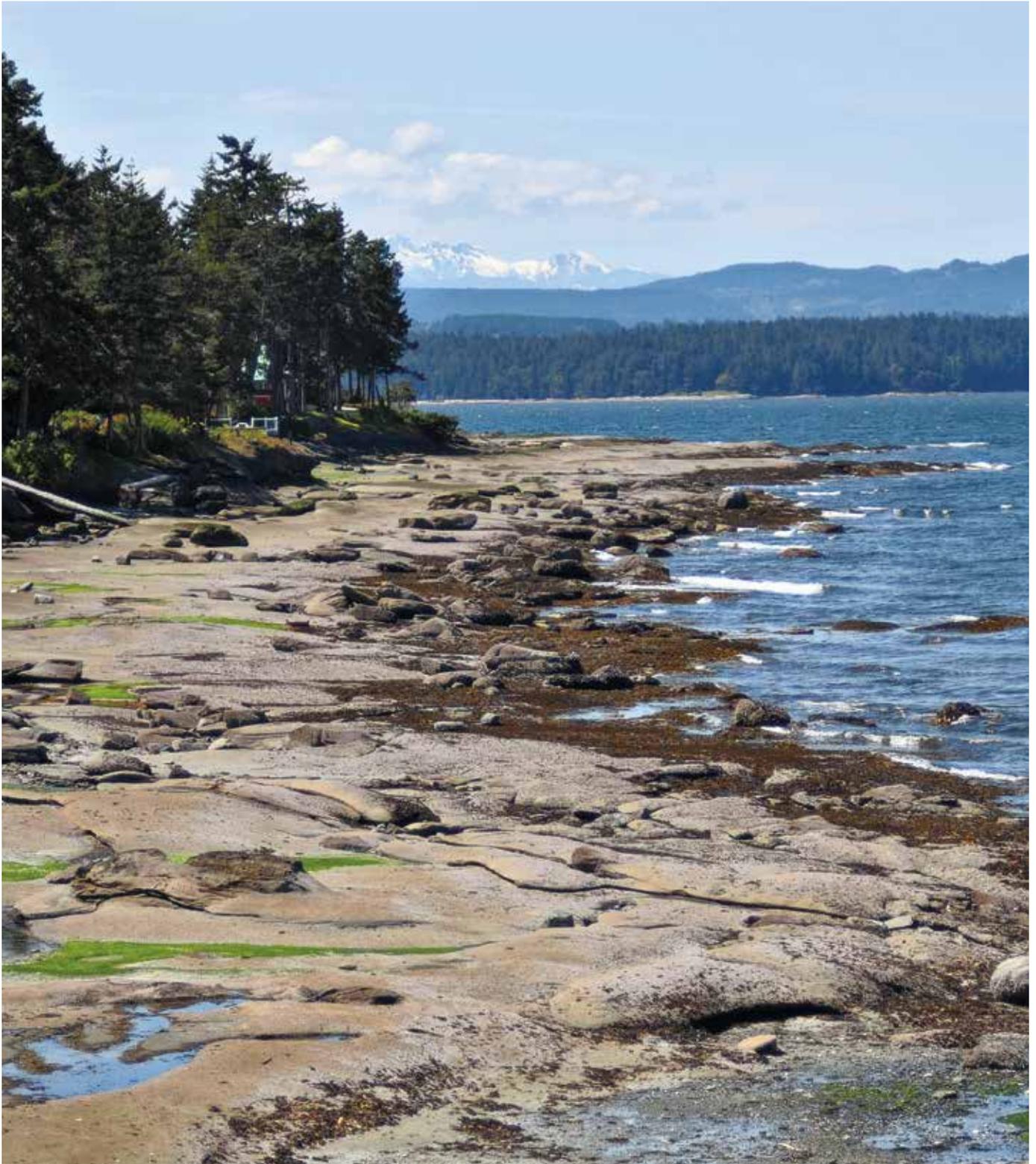
VOLUNTEER CERTIFICATES

Luschia Bakker-Ayers
Peter Birzgalis
Jackson Buchanan
Rupert Cosulich
Blair Cosulich
Chris Dickason
Seija Eksyma
Chris Lord
Brittany Osmer
Sierra Osmer
Tess Raithby
Jordan Ross
Kate Ross
Samuel Simons
Mac Thompson
Michael Wetton



Denise Goldbeck congratulates Jordan Ross on his award.

Congratulations to all our graduates!



What People Are Saying

At the end of every program we send out a survey by email. One of the questions in the survey is:

How do you think you will use what you have learned in this program to make a difference in your life?

Here are some of the responses from participants in different programs in 2010:

“I am hoping that my communication of negative feelings will not be so difficult for me and will enable me to have a better relationship with those close to me.” **COME ALIVE**

“I can now consciously open or close my heart as I wish rather than be subject to the knee-jerk reactions of my subconscious. I’ll be forming closer ties with my wife, children, and be able to form closer friendships.” **COME ALIVE**

“It already has made a difference. I take small steps every day to ensure that I will follow my creative passion.” **VICTOR WOOTEN WORKSHOP**

“I see the beauty and sensuality in every day life and am living with a sense of excitement and wonder again.” **STIRRING THE CAULDRON**

“I am going to use tools and techniques learned in the program to overcome my fears.” **TRANSFORMING FEAR AND ANXIETY**

“Finally getting what it’s like to live without self judgment has changed my life immeasurably. I feel 100 pounds lighter. Every experience I have is easier and I appreciate each day more than I ever imagined.” **THE SINGING SOUL**

“Come Alive has opened my heart and mind up to the fact that I am valuable ... I look in the mirror and see a different woman today. I see the woman that my friends and family have seen all along. It is the most incredible feeling in the world.” **COME ALIVE**

“I am able to use the [communication] model to allow more clarity in my conversations with the people that I care about. I am also able to use the clearing method with my supervisor at work to be able to communicate clearly.” **COMMUNICATION FUNDAMENTALS**

“I will be attempting to push myself outside of my comfort zone in my social life at home and I will try to show myself more self compassion. **TEENS ALIVE**

When we return home, the children talk about their experiences spontaneously. They will share a memory or a learning about being in a bubble or feeling distant from someone. Their ability to negotiate instead of bicker is noticeably improved.” **KIDS IN THE SPOTLIGHT**

“I now have way less tolerance for holding on to stuff, I use the communication model and the guidelines for clearing to assist me in expressing what is going on for me ... I am also more aware of my coping stances and those of my partner and I am quite OK in stating or being reminded of them and use my knowledge and awareness to better connect with him.” **LIVING ALIVE PHASE II**

“I know already that I am communicating differently with my family.” **LIVING ALIVE PHASE I**

“I have a renewed commitment to myself to be congruent as I am aware in my primary relationship and with my mother. I have a sense of appreciation for my personal growth and a newly found acceptance of both myself and my mother and other family members.” **THE JOURNEY TO SELF**

“I will use what I have learned at the Haven to improve my relationships with other people and enjoy my life more. Being at the Haven is a spiritual experience for me and every time I leave I feel more alive and more excited about life. I also end up with a few new friends. It’s always worth every penny.”
ANGER, BOUNDARIES & SAFETY

“It completely changed my life. This I will share with others.” **COME ALIVE**

“I feel a sense of being reborn after being able to express my emotions I have carried inside for years.”
COME ALIVE



Fundraising for Financial Aid

2010 FALL FINANCIAL AID MATCHING CAMPAIGN

There's still time to double your donation to The Haven's Financial Aid Program before the end of 2010, or buy a gift in our Silent Auction. 100% of the donations and funds raised by the Silent Auction goes to support the Financial Aid Program in 2011.

Once again in 2010, we have \$25,000 as a time-limited Matching Fund to match your donations to The Haven's Financial Aid Program. From now until the end of 2010, every dollar you give will be matched, until the \$25,000 matching pool has been exhausted.

WHY GIVE?

Receiving financial aid to attend a program makes a profound difference in a person's life. There's no one who can better describe this than the participants who receive financial aid. You can read about their experience in their own words on the next page and on The Haven's web site.

WAYS TO GIVE

Become a monthly donor. Your monthly payments in 2010 will be matched, and you can continue to support the Financial Aid program in 2011. Monthly payments can be taken from a credit card or bank account.

Current monthly donors can increase the amount paid monthly for the rest of 2010.

Make a one-time donation and it will be doubled.

You can make a monthly or one-time donation online on our web site (www.haven.ca/giving) or contact Rachel Davey by phone (1 877 247 9238 ext 235) or by email (rachel@haven.ca). We accept donations in Canadian and US dollars and provide a tax receipt for donations over \$20.

THE HAVEN HOLIDAY SILENT AUCTION

This year, in addition to matching donations, we have our first ever online Silent Auction. All proceeds will go to the Financial Aid program. Check out our web site or Facebook page for more information.

FUNDRAISING IN 2011: BECOME A HAVEN FRIEND OR PARTNER

If you have done a program at The Haven, you will know that our work changes lives. Please consider supporting The Haven throughout the year by becoming a monthly donor to Haven Foundation. Any gift, large or small, is appreciated and makes a difference. You can choose whether to designate your donation to a particular area, such as financial aid, or you can allow us to choose the area of greatest need.

Become a Haven Friend with a monthly donation of as little as \$5 per month. A gift of \$60 per year covers most of the cost of meals for a child attending Kids in the Spotlight.

With a monthly gift of \$50 or more you become a Haven Partner. \$600 per year represents more than half the cost of a bursary for Come Alive.



Donate to The Haven and help people make a difference in their lives!

The Haven Financial Aid Fund: Recipients' Views

JASPAR SMITH

I grew up on Gabriola so I have always known that The Haven was there. However I first became interested in the programs when my mom started taking them at The Haven. She told me how they had changed her life and encouraged me to take a look at Come Alive. She also told me about the Financial Aid program. I was a full-time student at the time and wouldn't have been able to come without the bursary - it was absolutely essential.

I was 23 when I took the program, so was one of the youngest in the group. In some ways my age isolated me from the other participants, because I didn't always understand what others were going through. However the great benefit for me is that there are some core ideas in the program that I am glad I learned sooner rather than later.

The group process was one of the most valuable parts of the program for me. I learned as much from talking with the members of the group outside of the sessions as I did in the program itself. I was very fortunate to be able to stay at The Haven - it's an essential part of the experience I think. I learned a lot about myself just talking to people over dinner! At first I was nervous

and didn't know how the program was going to affect me personally. I wasn't sure what my expectations were. However, each day as I watched people work through their issues I became more comfortable with the idea of participating myself, which I did by the end of the program. It was a surprising experience! I am thankful for the dynamics among a very good group of people.

Since coming to Come Alive I have become a lot clearer in my communication, in what I want to express. I am now very conscious of the difference between "I think" and "I feel". I find this to be a useful distinction because it encourages me to remember to check in with the other person instead of relying on my own assumptions about a situation. It's helpful for me to be able to understand the difference between my feelings, perception, actions and so on. It has made communication a lot less stressful and nerve-wracking; I understand better where I am coming from.

I want to thank The Haven for allowing me to take part in the Come Alive and I have mentioned it to all my friends in the hope that they will be able to come too one day.

DEBBIE PERRET

I am finding words difficult. I can only express my immense gratitude for being given this opportunity to grow and heal, at a time in my life when I most needed it. I have two sisters and a couple very close friends, all of whom wanted to know "how it was" as soon as I returned. In each case I would reply "incredible" but would have to defer any details until we had much more time for me to explain.

I came home with an entirely new perspective on my life ... my health, relationships, prospects for the future. I have a new hope, optimism, joy and peace for whatever comes my way. I also have my pockets stuffed with practical tools to help me through whatever life brings. I have learned how important breathing and movement are for getting clarity on my world,

looking inward and dealing with "the little things" before they become big things. I am diligently taking time out to breathe, as well as dancing whenever nobody's looking ... no point in scaring then unnecessarily. I also have an intelligent model for communication which has already guided me through some potentially stormy situations, helped me to come through in one piece. Nice change from my life "before Haven".

Last, but not least of what I came away with ... what feels like a new family of closer friends than I've ever known. It is such a warm and comforting feeling to know I am truly loved and supported (warts and all) by my Haven family ... and that they count on me for the same things. My heart is very full

Thanks to Our Generous Donors

HAVEN PARTNERS IN 2010

Donors of \$1000 or more in a year

Chriss Corbett
Wayne Dodge
John Gill
Henry & Denise Goldbeck
Renee Gomes
Shana Johnston & Dave Goosen
Ernie & Cathy McNally
Karen Minden
Muirhead Financial Services Inc
Lynn Nixon
Reneevations Professional Development Corp.
Al Schultz & Leona Kolla
Dan and Christina Smith
Tides Canada
Anna Weiers
Wild Play Element Parks
Cathy Wilder
Michael Wood

HAVEN FRIENDS IN 2010

Donors of \$50 or more in a year

Carole Ames & Bill Leuze
Louise Amuir
Gary Anweiler
Carol Bickell
Geoffrey Carr
Mark Collins & Karen Stephens
Andre Corbeil
Dorothy Corbeil
Roxanne Davern & family
Rachel Davey & Toby Macklin
Jacqueline Day
Sandy de Domenico
Ann Doyle
Doug Ellis
Ruth Emerson & Bob Owen
Gwen Ewan
Ken Faris
Marlyn Farrell
John Fraser
Katherine Giovando

Patricia Henderson
Janet Hopper
Don Hutton
Mark Kinsella
Brenda Knight
Gerry Laforge
Rachel Laurat
Larry Lenke
Miriam Levy
Little Mountain Tile
Gordon Long Pre
Catherine Lord
Brad Luoma
Gwen MacFarlane
Don Mainwaring
Hanif Mamdani
Betty Gene McCallum
Maia McPherson
Gayla Meredith
Sue Muirhead
NAIT Dental Health Services
Jane Olynyk
Suzanne Partridge
Debbie Perret
The Estate of Joann Peterson
Scott Poole & Laurie Kelley
Debra Potts
Brent Prenevost
Anne Preston
Provincial Employees Community Services Fund
Jody Simon
United Way, Toronto
Kiki van der Heiden
Victoria Women in Need Community Cooperative
Cathy Wilder
Jean Willy
Phil Winkelmans
Randy Wong
Craig Woods
Michelle Worth
Janice Wright
Karin Yeung

and many anonymous donors

STRATEGIC PLAN

4-YEAR PLEDGE DONORS

Paul Akers
Adrian Blumfield
Chris Corbett
Wayne Dodge
John & Carolyn Gill
Golden Thread Foundation
Doug Johnson
Shana Johnston &
Dave Goossen
Ernie & Cathy McNally
Bob Matthews
Muirhead Financial
Al Schulz & Leona Kolla
Anna Weiers

DONORS INTO THE MATCHING FUND

Carole Ames & Bill Leuze
Andrew Bing
Daryl Chambers
Bryan Croeni & Susa Holt
Wayne Dodge
Henry & Denise Goldbeck
Laurie Kelley & Scott Poole
Catherine Lord
Hanif Mamdani
Bob Matthews
Cathy & Ernie McNally
Randy Wong

This list is accurate at the time of writing. We receive new donations regularly and will post donors' names on the Donor Wall on our website.

THE PHOENIX CIRCLE OF SPIRIT

Donors who have made lifetime contributions of \$100,000 and above.

Laurie Kelley & Scott Poole
Jock McKeen
Justin McKeen
Kevin Wong
Bennet Wong
Randy Wong

THE SWALLOW CIRCLE OF HARMONY

Donors who have made lifetime contributions of \$25,000 to \$100,000.

Andrew Bing
Gwen Ewan
Doug Johnson
Tom & Janet Lesosky
Letting Go Foundation / Jennifer Sass
Edward D Luck
Bob Matthews
Joan McNeely in memory of Michael McNeely
Gerry Owen
Bennet Wong & Jock McKeen
Michael & Leanne Wood

HERON CIRCLE OF CONNECTION

Donors of between \$5,000 and \$25,000 in 2010.

Paul Akers
Andrew Bing
Golden Thread Foundation
Doug Johnson
Bob Matthews
John Wolfe Construction Co. Ltd.

FINANCIAL RESULTS TO OCTOBER 31, 2010

	ACTUAL TO OCT 31	BUDGET TO OCT 31	VARIANCE	2010 TOTAL ANNUAL BUDGET	LATEST FORECAST TO 2010 YEAR END
REVENUE					
TOTAL REVENUES	2,650,150	2,462,010	7.64%	2,546,123	2,949,647
EXPENDITURE					
TOTAL EXPENDITURE	2,195,834	2,168,423	1.26%	2,403,658	2,672,960
NET INCOME BEFORE DEPRECIATION	454,316	293,587	54.75%	142,465	276,687
DEPRECIATION ALLOWANCE*				157,528	123,443
OPERATING SURPLUS				(15,063)	153,244
DONATION OF LAND**	145,000				145,000
ATTENDANCE STATISTICS (participant nights)	6,937	6,756	2.68%	7,317	7,462

Amounts are in Canadian dollars

* Accounting change in depreciation method

** Land generously donated by Laurie Kelley and Scott Poole

As a not-for-profit charitable organization, we will reinvest surplus income into the organization to ensure its future success in meeting the needs of our participants.

Looking Ahead to 2011

There's lots to look forward to in the year to come. Many of the Strategic Plan initiatives will come to fruition in 2011, including the launch of the **Couples Alive** series. We will also be taking our one-day 'on the road' programs to two more cities, so taking The Haven to a new audience and increasing participant numbers.

As ever, we will be adding new and exciting programs to our program schedule in 2011. These include:

Transforming Anxiety and Stress with David Raithby and Sandey McCartney, based on the extremely popular Transforming Fear and Anxiety.

The Haven Massage Series – a series of four new programs led by Elfi Dillon-Shaw and Gary Dillon.

Personal Parenting with Denise Goldbeck and Toby Macklin.

Chi Running with Donna Spencer.

Life after Separation led by Rick Griffin and Margaret Adams.

Connective Touch with Gillian Enright and Jane Olynyk.

A Field Guide to your Wild Side with new faculty member Hilary Leighton.

Hands on Poetry with Ellery Littleton.

Men's Gathering with John Fleury and Duncan Fraser.

Spirit in the Song with well-known singer/songwriter/guitarist Eric Bibb.

We look forward to seeing you at The Haven in 2011.

Thank you for supporting The Haven

For 27 years The Haven's greatest strength has been people like you, who have learned from The Haven and given back in abundance.

As The Haven moves forward in years to come, we appreciate your continued support by:

ATTENDING programs at The Haven

REFERRING others to The Haven

DONATING to the Haven Foundation

Join us to be part of The Haven's thriving future, making a difference in people's lives.

The Haven
240 Davis Road
Gabriola Island, BC
Canada V0R 1X1

Tel. 250 247 9211
Fax 250 247 8454
Toll Free 1 877 247 9238
info@haven.ca

www.haven.ca

